



**CHIKARA SHINAI RYU®**

**Lower Mountains Dojo's**

Australian Business Number - 52 369 663 102

B.R.N. - M9660402

P. O. Box 403, Springwood, N.S.W. 2777

Telephone: **(02) 9833 7389** Fax: (02) 9833 7721

## ***NEWSLETTER***

28th of March, 2006

### ***EASTER FRIDAY - WINMALEE DOJO CLOSED***

On Easter Friday, the 14th of April, 2006, our Winmalee Dojo will be closed for this Public Holiday.

Easter Friday is about the only Public Holiday that affects our Friday class.

### ***ANZAC DAY - TUESDAY - SPRINGWOOD DOJO CLOSED***

On Anzac Day, Tuesday the 25th of April, 2006, our Springwood Dojo will be closed for this Public Holiday.

### ***SCHOOL HOLIDAYS - WE ARE OPEN***

We are open every training day during the School Holidays, except the above Public Holidays, which this year is after Easter. Normal classes as always.

### ***UP-COMING GRADING DATES***

By now you should be practising for the up-coming Gradings. Dates are as follows:

- |                                       |          |  |
|---------------------------------------|----------|--|
| <b>1st Senior Grading (2nd class)</b> | <b>-</b> | <b>Friday, the 28th of April, 2006</b> |
| <b>1st Sparring Night (2nd class)</b> | <b>-</b> | <b>Tuesday, the 2nd of May, 2006</b>   |
| <b>1st Junior Grading (1st class)</b> | <b>-</b> | <b>Sunday, the 18th of June, 2006</b>  |

Since the Senior Grading is just 5 weeks away and the Junior Grading just 12 weeks away, I think some serious practice is required for some students. Practice !!!

### ***PHOTO'S FROM LAST YEARS DEMO NIGHT.***

Do you have any photo's from last years demo night at Winmalee ?? If so, Email them accross so I can put them on the web